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TREATMENT OF WARTS

Our office recommends that you treat the wart(s) with an over the counter (OTC) wart remover.

The OTC brands we recommend are Compound W Liquid, Duofilm Liquid, Occlusal HP Liquid. Please only buy the liquid form. The active ingredient in these products is 17% Salicylic Acid. DO NOT buy the "Freeze Off" product.

Treat the wart after bathing. If it is not convenient to do this, soak the wart in water for a few minutes prior to the treatment. Coat the wart with a thin layer of the liquid medication being careful not to get it on the healthy skin. An application of Vaseline Petroleum jelly with a toothpick to the surrounding skin can protect it. Use a pumice stone or nail file several times a week to remove the dead peeling skin before applying the wart remover. Once the medication dries cover the wart with the sticky part of a band-aid, duct tape, or surgical tape. Repeat these steps daily. The treated skin turns white and begins to peel after a couple of days. Complete removal of the wart often takes 4-6 weeks.

If the lesion becomes sore at any time stop using the medicine for a few days and check to see if the wart is still present. The wart will often fall off in one piece and healthy skin will fill in.