

DERMATOLOGY ASSOCIATES OF MORRIS, P.A.

MOHS SURGERY OF MORRIS, P.A.

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Mohs Micrographic Surgery

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Instructions for Patients Scheduled for MOHS Surgery

WHEN SCHEDULING MOHS:

- A post-operative office visit for suture removal will usually be required between 5 and 14 days after your procedure. Please check your schedule to be certain that you will not be away at that time.
- When scheduling your surgical appointment, consider the fact that for several weeks following your procedure you must refrain from physical activity that places stress on the excision site. If you participate in any sports, check with the nurse if that sport should be stopped.
- The reception area in our Mohs Surgery Suite is a **surgical waiting room, it is reserved for patients only**. Someone may accompany you for your procedure if it is medically necessary that someone remain at your side. If you have someone driving you to your appointment, they may leave their information with the receptionist and we will call them when you are finished with your procedure.

PRIOR TO THE PROCEDURE:

- Take a photo of your surgery site either with a cell phone or camera. Bring this device with you on the day of your surgery. If you are unable to take a photo, try to have a family member take it for you.
- You will receive a phone call from the nurse a few days before to go over pre-operative information.
- Please continue all prescription medications as instructed by your physician.
 - **CONTINUE the use of Coumadin (warfarin, dicumarol), aspirin, Persantine (dipyradamole), Plavix (clopidogrel bisulfate) or other "blood thinning" medications. It is important that you inform us at the time of the surgery that you are taking these.**
 - **COMPLETE the attached Medical History and Prescribed Medicines list.**
- Be sure to tell us if you have been instructed by your medical doctor that you require the use of **oral antibiotics prior to dental or surgical procedures**. In most cases it is not necessary to take antibiotics prior to this procedure, but we can discuss it with you.
- The Mohs procedure is performed under local anesthesia, which is injected directly into the skin. Since the anesthetic we use is similar to the one used by dentists, it is important that you inform us of any **allergic or any other adverse reaction you've had to anesthetics** used by your dentist.
- Inform the nurse if you have a **pacemaker or defibrillator**.
- It is important that you inform us if you have any specific underlying bleeding tendency and that you tell us what medications you are taking, as many drugs act to prevent clotting and may prolong bleeding. These include non-prescription substances, as well as herbal and vitamin supplements.
 - **DISCONTINUE Ginkgo Biloba, Fever Few, vitamin E, multi vitamins or garlic supplements 7 days prior to surgery.**

24 HOURS BEFORE:

- Do not drink **alcoholic beverages** during the 24 hour period prior to surgery, as this prolongs bleeding.
- Plan to have a good night's rest prior to the surgery.

DAY OF MOHS PROCEDURE:

- Kindly refrain from using perfume or after shave.
- Have **breakfast** prior to reporting to the office and bring a light **lunch**. The length of the procedure can vary and you may not be ready to leave before mid-afternoon. (Refrigeration available)
- **Remember to take your scheduled medicines** as indicated above.
- Bring your completed **Medical History and Prescribed Medicines list** and a **sweater**.
- At the time of surgery, inform nurses **and** doctor **if**:
 - You have a **pacemaker or defibrillator**
 - You are **taking any blood thinners**
 - You have **allergies to anesthetics**